



**FOR IMMEDIATE RELEASE**

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### **Center for Autism and Related Disorders Opens in San Antonio to Treat Individuals with Autism**

*The center will operate from the Outreach Pediatric Therapy office, which provides occupational and speech therapy.*

SAN ANTONIO (Aug. 11, 2015) - Center for Autism and Related Disorders (CARD) today announced the opening of its new treatment center within the Outreach Pediatric Therapy (OPT) facility located at 11310 Sir Winston St., Bldg. D, San Antonio, Texas 78216. CARD provides a variety of services worldwide using the evidence-based principles of applied behavior analysis (ABA) to treat the delays and challenges commonly associated with autism spectrum disorder (ASD). ABA is the only scientifically validated treatment for ASD and research shows that it is most effective when delivered early and at a high level of intensity. By sharing a space with OPT, an occupational and speech therapy provider, the organizations will offer families access to critical services in one location. The facility is 4,700 square feet, which includes a sensory motor gym and six treatment rooms.

CARD provides center-based treatment, home-based services, integrated services for adults, parent training and school shadowing. Individualized treatment plans are designed using CARD's cutting-edge curriculum and patients receive care from top-quality ABA therapists and Board Certified Behavior Analyst (BCBA) supervisors.

"We are thrilled to partner with OPT and offer families access to crucial services under one roof," said Aimee Sienkiewicz, care coordinator and outreach representative at CARD. "Our mission is to ensure that every individual diagnosed with autism has access to top-quality treatment to reach his or her full potential."

OPT was founded 13 years ago by Tami Johnson, SLP, the director of business operations and Annette Fears, OTR, the director of clinical services.

“We pride ourselves in providing quality services in a family-friendly environment to treat the whole family,” said Johnson.

The Centers for Disease Control and Prevention (CDC) estimates that one in every 68 children in America is diagnosed with ASD, with one in 42 boys and one in 189 girls diagnosed. This is more than a 30 percent increase since the 2008 report. As the prevalence of ASD has increased, services for children with ASD have not always kept pace with demand. As a result, families affected by ASD may encounter challenges when trying to access quality treatment. CARD and OPT’s partnership offers families a variety of crucial services all accessible within one facility.

#### **About Center for Autism and Related Disorders (CARD)**

CARD treats individuals of all ages who are diagnosed with autism spectrum disorder (ASD) at treatment centers around the globe. CARD was founded in 1990 by leading autism expert and clinical psychologist Doreen Granpeesheh, PhD, BCBA-D. CARD treats individuals with ASD using the principles of applied behavior analysis (ABA), which is empirically proven to be the most effective method for treating individuals with ASD and recommended by the American Academy of Pediatrics and the US Surgeon General. CARD employs a dedicated team of nearly 2,000 individuals across the nation and internationally. For more information, visit [www.centerforautism.com](http://www.centerforautism.com) or call (855) 345-2273.

#### **About Outreach Pediatric Therapy (OPT)**

OPT is an outpatient clinic privately owned by pediatric therapists who are committed to providing quality speech and occupational therapy services in a relaxed, family-friendly environment. Speech and occupational therapists work together to maximize a child's abilities. Treatment approaches are individually tailored for a child's success in a variety of environments, such as home, school and in the community. For more information, visit [www.outreachpedi.com](http://www.outreachpedi.com) or call (210) 525-8851.

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